



VOLUNTEER!

Spectrum for Living is a New Jersey not-for-profit organization that provides supportive services to adults with developmental/intellectual disabilities. Our Mission is to enable every individual the opportunity to reach their highest level of skills, purpose and potential.

As a volunteer, you can make a difference:

- ***Use your talents to help others***
- ***Connect with people***
- ***Give back to the community***
- ***Feel a sense of fulfillment***

How do I volunteer?

Learn more about available opportunities:

www.spectrumforliving.org/volunteer

For more information, contact Kathy Bentzen, Director of Administrative & Volunteer Services @ (201) 358-8000 ext. 3026

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