



HOLIDAY YOGA WITH MICHELE ROSENBACH

River Vale Community Center

628 Rivervale Road (behind the North Firehouse)

MONDAY NIGHTS

BEGINNER CLASS 6:00-7:00PM

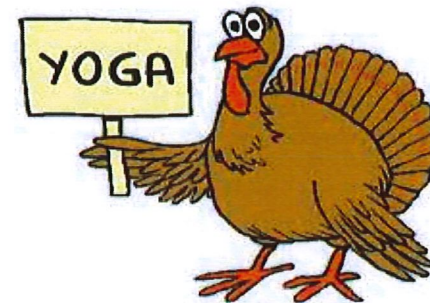
MULTILEVEL CLASS 7:15PM-8:15PM

NOVEMBER 11, 18, 25 DECEMBER 2, 9, 16, 2019

SATURDAY MORNINGS 9:00AM-10:00AM (ALL LEVELS WELCOME)

NOVEMBER 9, 16, 23 DECEMBER 7, 14, 21, 2019 (no class Nov 30TH)

6 classes for \$60. Registration and payment through River Vale Community Pass. Go to www.rivervalenj.org, click on Recreation Registration, choose 2019 Mayors Wellness and select appropriate class.



Mayors Wellness Campaign

Put your community in motion